

# SITEHEALTHCHECK

health report : <https://www.localgovsolutions.com>

examined at : 25-04-19 18:15:59

follow recommendations of this health report to keep your site healthy

## Score

26.6

## Page Title

### Page Title

Local Government Solutions, Interim Leadership, Council Leadership

### Short Recommendation

Your page title exceeds 60 characters. It's not good.

## Meta Description

### Meta Description

Providing Interim Leadership for UK Councils at Chief Executive & Monitoring Officer levels, assuring continuity during times of transition - Learn more.

### Short Recommendation

Your meta description exceeds 150 characters. It's not good.

## Meta Keyword

### Meta Keyword

local authority,interim leadership,council leadership,localgov,lga,interim,chief executive,monitoring officer,investigations,interim ceo,interim,chief executive,interim monitoring officer

Short Recommendation

Keyword Analysis

Single Keywords

| Keyword      | Occurrence | Density | Possible Spam |
|--------------|------------|---------|---------------|
| Solutions    | 6          | 1.348 % | No            |
| Local        | 5          | 1.124 % | No            |
| Chief        | 5          | 1.124 % | No            |
| Interim      | 5          | 1.124 % | No            |
| leadership   | 5          | 1.124 % | No            |
| Contact      | 4          | 0.899 % | No            |
| Kevin        | 4          | 0.899 % | No            |
| Monitoring   | 4          | 0.899 % | No            |
| Officer      | 4          | 0.899 % | No            |
| Gallery      | 3          | 0.674 % | No            |
| Influencing  | 3          | 0.674 % | No            |
| Government   | 3          | 0.674 % | No            |
| Director     | 3          | 0.674 % | No            |
| Metropolitan | 3          | 0.674 % | No            |
| Executive    | 3          | 0.674 % | No            |
| Leadership   | 3          | 0.674 % | No            |
| UK           | 3          | 0.674 % | No            |
| Councils     | 3          | 0.674 % | No            |
| experience   | 3          | 0.674 % | No            |
| CEO          | 3          | 0.674 % | No            |

Two Word Keywords

| Keyword            | Occurrence | Density | Possible Spam |
|--------------------|------------|---------|---------------|
| Monitoring Officer | 4          | 0.899 % | No            |
| of the             | 4          | 0.899 % | No            |
| Gallery of         | 3          | 0.674 % | No            |
| of Influencing     | 3          | 0.674 % | No            |
| Contact Us         | 3          | 0.674 % | No            |
| Local Government   | 3          | 0.674 % | No            |
| is a               | 3          | 0.674 % | No            |
| Chief Executive    | 3          | 0.674 % | No            |
| UK Councils        | 3          | 0.674 % | No            |
| he has             | 3          | 0.674 % | No            |
| Localgov Solutions | 3          | 0.674 % | No            |
| Solutions Ltd      | 3          | 0.674 % | No            |

| Keyword              | Occurrence | Density | Possible Spam |
|----------------------|------------|---------|---------------|
| Metropolitan Borough | 2          | 0.449 % | No            |
| Interim Leadership   | 2          | 0.449 % | No            |
| at the               | 2          | 0.449 % | No            |
| Director of          | 2          | 0.449 % | No            |
| of Governance        | 2          | 0.449 % | No            |
| and Monitoring       | 2          | 0.449 % | No            |
| Officer levels       | 2          | 0.449 % | No            |
| interim leadership   | 2          | 0.449 % | No            |

### Three Word Keywords

| Keyword                         | Occurrence | Density | Possible Spam |
|---------------------------------|------------|---------|---------------|
| Gallery of Influencing          | 3          | 0.674 % | No            |
| Localgov Solutions Ltd          | 3          | 0.674 % | No            |
| Director of Governance          | 2          | 0.449 % | No            |
| and Monitoring Officer          | 2          | 0.449 % | No            |
| Monitoring Officer levels       | 2          | 0.449 % | No            |
| for UK Councils                 | 2          | 0.449 % | No            |
| Kevin is a                      | 2          | 0.449 % | No            |
| Local Government Reorganisation | 2          | 0.449 % | No            |
| member of the                   | 2          | 0.449 % | No            |
| of Local Authority              | 2          | 0.449 % | No            |
| Local Authority Chief           | 2          | 0.449 % | No            |
| Authority Chief Executives      | 2          | 0.449 % | No            |
| Menu Home Our                   | 1          | 0.225 % | No            |
| Home Our Experience             | 1          | 0.225 % | No            |
| Our Experience Gallery          | 1          | 0.225 % | No            |
| Experience Gallery of           | 1          | 0.225 % | No            |
| of Influencing Contact          | 1          | 0.225 % | No            |
| Influencing Contact Us          | 1          | 0.225 % | No            |
| Contact Us Lets                 | 1          | 0.225 % | No            |
| Us Lets Get                     | 1          | 0.225 % | No            |

### Four Word Keywords

| Keyword                          | Occurrence | Density | Possible Spam |
|----------------------------------|------------|---------|---------------|
| and Monitoring Officer levels    | 2          | 0.449 % | No            |
| of Local Authority Chief         | 2          | 0.449 % | No            |
| Local Authority Chief Executives | 2          | 0.449 % | No            |
| Menu Home Our Experience         | 1          | 0.225 % | No            |
| Home Our Experience Gallery      | 1          | 0.225 % | No            |

| Keyword                           | Occurrence | Density | Possible Spam |
|-----------------------------------|------------|---------|---------------|
| Our Experience Gallery of         | 1          | 0.225 % | No            |
| Experience Gallery of Influencing | 1          | 0.225 % | No            |
| Gallery of Influencing Contact    | 1          | 0.225 % | No            |
| of Influencing Contact Us         | 1          | 0.225 % | No            |
| Influencing Contact Us Lets       | 1          | 0.225 % | No            |
| Contact Us Lets Get               | 1          | 0.225 % | No            |
| Us Lets Get Social                | 1          | 0.225 % | No            |
| Lets Get Social Blog              | 1          | 0.225 % | No            |
| Get Social Blog Local             | 1          | 0.225 % | No            |
| Social Blog Local Government      | 1          | 0.225 % | No            |
| Blog Local Government Solutions   | 1          | 0.225 % | No            |
| Local Government Solutions Our    | 1          | 0.225 % | No            |
| Government Solutions Our Managing | 1          | 0.225 % | No            |
| Solutions Our Managing Director   | 1          | 0.225 % | No            |
| Our Managing Director Kevin       | 1          | 0.225 % | No            |

Keyword Usage

Keyword Usage

local authority,interim leadership,council leadership,localgov,lga,interim,chief executive,monitoring officer,investigations,interim ceo,interim,chief executive,interim monitoring officer

Short Recommendation

The most using keywords match with meta keywords.

Total Words

Total Words

445

Text/Html Ratio Test

Site Failed Text/Html Ratio Test.

Html Headings

| H1(1)                      |
|----------------------------|
| Local Government Solutions |

| H2(2)                             |
|-----------------------------------|
| Interim Leadership                |
| Council Leadership - Our Services |

| H3(0) |
|-------|
|-------|

| H4(1)         |
|---------------|
| Our Expertise |

| H5(4)                          |
|--------------------------------|
| Legal Notice                   |
| Let's get Social - Click Below |
| Contact us                     |
| Registered Office              |

| H6(0) |
|-------|
|-------|

Short Recommendation

Your site have robot.txt

Sitemap

Short Recommendation

Your site have sitemap

Location

<http://www.localgovsolutions.com/sitemap.xml>

Internal Vs. External Links

Total Internal Links?

14

Total External Links?

3

| Internal Links                                                                             |
|--------------------------------------------------------------------------------------------|
| /                                                                                          |
| /                                                                                          |
| /experience                                                                                |
| /gallery-of-influencing                                                                    |
| /contact-us                                                                                |
| /social-media-links                                                                        |
| /blog                                                                                      |
| /contact-us                                                                                |
| //files.websitebuilder.prositehosting.co.uk/ce/ed/ceedf549-6492-45ed-a5b5-d161ad12a378.PNG |
| //files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-e33dd81b5bc3.png |
| /privacy-policies                                                                          |
| /cookie-policy                                                                             |
| /legal-policy                                                                              |
| /accessibility-policy                                                                      |
| External Links                                                                             |

|                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------|
| <a href="https://www.facebook.com/profile.php?id=61574479033954">https://www.facebook.com/profile.php?id=61574479033954</a> |
| <a href="https://localgovsolutions.wordpress.com/">https://localgovsolutions.wordpress.com/</a>                             |
| <a href="https://www.linkedin.com/in/kevin-o-keefe-706b3531/">https://www.linkedin.com/in/kevin-o-keefe-706b3531/</a>       |

Domain Ip Information

IP: 88.208.253.64  
City:  
Country: GB  
Time Zone: Europe/London  
Longitude: -0.1224  
Latitude: 51.4964

Noindex , Nofollow, Dofollow Links

Total NoIndex Links: 0  
Total NoFollow Links: 2  
Total DoFollow Links: 15  
NoIndex Enabled by Meta Robot?: No  
NoFollow Enabled by Meta Robot?: No

|               |
|---------------|
| NoIndex Links |
|---------------|

|                |
|----------------|
| NoFollow Links |
|----------------|

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>&lt;a href="//files.websitebuilder.prositehosting.co.uk/ce/ed/ceedf549-6492-45ed-a5b5-d161ad12a378.PNG" target="_self" rel="nofollow" title="Interim CEO &amp; Monitoring Officer for UK Councils" class="image-link imagewidget__image-link clip--none width--original js-pswp-image-trigger" aria-label="Image preview" style="--image-width:702px" itemprop="url"&gt;&lt;/a&gt;</code>                                                                                                                                                                                                                                                                                                                      |
| <code>&lt;a href="//files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-e33dd81b5bc3.png" target="_self" rel="nofollow" title="" class="image-link imagewidget__image-link width--50 js-pswp-image-trigger" aria-label="Image preview" itemprop="url"&gt; &lt;img class="image imagewidget__image js-pswp-image" src="//files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-e33dd81b5bc3.png" alt="LocalGov Solutions" data-path="//files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-e33dd81b5bc3.png" title="" data-filename="Logo.png" data-filesize="285092" data-imagesize="3000 x 3000" width= "50%" itemprop="contentURL"&gt; &lt;/a&gt;</code> |

Seo Friendly Links

Short Recommendation

Links of your site are SEO friendly.

### Favicon

#### Short Recommendation

Your site have favicon.

### Image 'Alt' Test

#### Short Recommendation

Your site does not have any image without alt text.

### Doc Type

Doc Type : <!Doctype Html>

#### Short Recommendation

Page have doc type.

### Depreciated Html Tag

#### Short Recommendation

Your site does not have any depreciated HTML tag.

### Html Page Size

Html Page Size : 186 Kb

#### Short Recommendation

HTML page size is > 100KB

Gzip Compression

Short Recommendation

GZIP compression is disabled.

Inline Css

Short Recommendation

Your site have 21 inline css.

| Inline CSS                                                                                                                                                                                                                                                                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                             |
| <div style="text-align: justify;"></div>                                                                                                                                                                                                                                                                                                                           |
| <div style="text-align: justify;"></div>                                                                                                                                                                                                                                                                                                                           |
| <a href="//files.websitebuilder.prositehosting.co.uk/ce/ed/ceedf549-6492-45ed-a5b5-d161ad12a378.PNG" target="_self" rel="nofollow" title="Interim CEO & Monitoring Officer for UK Councils" class="image-link imagewidget__image-link clip--none width--original js-pswp-image-trigger" aria-label="Image preview" style="--image-width:702px" itemprop="url"></a> |
| <span class="wysiwyg-color" style="color: rgb(23, 54, 93);"></span>                                                                                                                                                                                                                                                                                                |
| <div style="text-align: justify;"></div>                                                                                                                                                                                                                                                                                                                           |
| <span class="wysiwyg-color" style="color: rgb(23, 54, 93);"></span>                                                                                                                                                                                                                                                                                                |
| <span class="wysiwyg-color" style="color: rgb(23, 54, 93);"></span>                                                                                                                                                                                                                                                                                                |
| <span style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                                                   |
| <span class="wysiwyg-color" style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                             |
| <div style="text-align: justify;"></div>                                                                                                                                                                                                                                                                                                                           |
| <span style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                                                   |
| <span class="wysiwyg-color" style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                             |
| <span style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                                                   |
| <span class="wysiwyg-color" style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                             |
| <div style="text-align: left;"></div>                                                                                                                                                                                                                                                                                                                              |
| <span style="color: rgb(255, 255, 255);"></span>                                                                                                                                                                                                                                                                                                                   |

|                                                                                                 |
|-------------------------------------------------------------------------------------------------|
| <code>&lt;span class="wysiwyg-color" style="color: rgb(255, 255, 255);"&gt;&lt;/span&gt;</code> |
| <code>&lt;div style="text-align: left;"&gt;&lt;/div&gt;</code>                                  |
| <code>&lt;div class="spacer space__spacer" style="height: 60px"&gt;&lt;/div&gt;</code>          |
| <code>&lt;div id="js-cookie-consent-event" style="display: none;"&gt;&lt;/div&gt;</code>        |

Internal Css

Short Recommendation

Your site have 3 internal css.

Micro Data Schema Test

Short Recommendation

Site passed micro data schema test. 10 results found.

| Micro data schema list                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <code>&lt;div class="bk-extendednavigation extendednavigation widget__extendednavigation align-right menu-icon" itemscope itemtype="https://www.schema.org/SiteNavigationElement"&gt;<br/>&lt;button class="js-pull navigation-toggle icon icon--bars extendednavigation__navigation-toggle"&gt; &lt;span&gt;Menu&lt;/span&gt; &lt;/button&gt; &lt;nav class="navigation-body extendednavigation__navigation-body" role="navigation"&gt; &lt;ul class="navigation-list extendednavigation__navigation-list js-menu-list itemcount-6"&gt; &lt;li class="navigation-item extendednavigation__navigation-item home selected" itemprop="name"&gt; &lt;a href="/" class="item-name extendednavigation__item-name" itemprop="url"&gt;Home&lt;/a&gt; &lt;/li&gt; &lt;li class="navigation-item extendednavigation__navigation-item page" itemprop="name"&gt; &lt;a href="/experience" class="item-name extendednavigation__item-name" itemprop="url"&gt;Our Experience&lt;/a&gt; &lt;/li&gt; &lt;li class="navigation-item extendednavigation__navigation-item page" itemprop="name"&gt; &lt;a href="/gallery-of-influencing" class="item-name extendednavigation__item-name" itemprop="url"&gt;Gallery of Influencing&lt;/a&gt; &lt;/li&gt; &lt;li class="navigation-item extendednavigation__navigation-item page" itemprop="name"&gt; &lt;a href="/contact-us" class="item-name extendednavigation__item-name" itemprop="url"&gt;Contact Us&lt;/a&gt; &lt;/li&gt; &lt;li class="navigation-item extendednavigation__navigation-item page" itemprop="name"&gt; &lt;a href="/social-media-links" class="item-name extendednavigation__item-name" itemprop="url"&gt;Lets Get Social&lt;/a&gt; &lt;/li&gt; &lt;li class="navigation-item extendednavigation__navigation-item page" itemprop="name"&gt; &lt;a href="/blog" class="item-name extendednavigation__item-name" itemprop="url"&gt;Blog&lt;/a&gt; &lt;/li&gt; &lt;/ul&gt; &lt;/nav&gt; &lt;/div&gt;</code> |
| <code>&lt;figure class="figure imagewidget__figure" itemscope itemtype="https://schema.org/ImageObject"&gt; &lt;a href="//files.websitebuilder.prositehosting.co.uk/ce/ed/ceedf549-6492-45ed-a5b5-d161ad12a378.PNG" target="_self" rel="nofollow" title="Interim CEO &amp; Monitoring Officer for UK Councils" class="image-link imagewidget__image-link clip--none width--original js-pswp-image-trigger" aria-label="Image preview" style="--image-width:702px" itemprop="url"&gt;&lt;/a&gt; &lt;figcaption class="caption imagewidget__caption js-pswp-image-</code>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

trigger"> <span class="image-title imagewidget\_\_image-title" itemprop="name">Interim  
CEO & Monitoring Officer for UK Councils</span> <span class="image-description  
imagewidget\_\_image-description" itemprop="description">Providing interim leadership for UK  
Councils at CEO and Monitoring Officer levels</span> </figcaption> </figure>

<figure class="figure imagewidget\_\_figure" itemscope  
itemtype="https://schema.org/ImageObject"> <a  
href="//files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-  
e33dd81b5bc3.png" target="\_self" rel="nofollow" title="" class="image-link  
imagewidget\_\_image-link width--50 js-pswp-image-trigger" aria-label="Image preview"  
itemprop="url">  </a> </figure>

<div class="bk-content-text content widget\_\_content wysihtml-editor-content" itemscope  
itemtype="https://schema.org/WebPage" > <span class="js-text-content content-block"  
itemprop="mainContentOfPage" itemscope  
itemtype="https://schema.org/WebPageElement"> <div style="text-align: justify;"></div>  
</span> </div>

<span class="js-text-content content-block" itemprop="mainContentOfPage" itemscope  
itemtype="https://schema.org/WebPageElement"> <div style="text-align: justify;"></div>  
</span>

<div class="bk-socialicons socialicons contact\_\_socialicons widget-align-left" itemscope  
itemtype="https://schema.org/Organization"> <ul class="social-list socialicons\_\_social-list">  
<li class="social-item socialicons\_\_social-item"> <a class="social-link icon icon--facebook  
socialicons\_\_social-link" href="https://www.facebook.com/profile.php?id=61574479033954"  
target="\_blank" itemprop="sameAs" aria-label="Link to Facebook"> <span class="social-  
name socialicons\_\_social-name">Facebook</span> </a> </li> <li class="social-item  
socialicons\_\_social-item"> <a class="social-link icon icon--rss socialicons\_\_social-link"  
href="https://localgovsolutions.wordpress.com/" target="\_blank" itemprop="sameAs" aria-  
label="Link to RSS"> <span class="social-name socialicons\_\_social-name">RSS</span>  
</a> </li> <li class="social-item socialicons\_\_social-item"> <a class="social-link icon icon--  
linkedin socialicons\_\_social-link" href="https://www.linkedin.com/in/kevin-o-keefe-706b3531/"  
target="\_blank" itemprop="sameAs" aria-label="Link to Linkedin"> <span class="social-  
name socialicons\_\_social-name">Linkedin</span> </a> </li> </ul> </div>

<div class="companyaddress contact\_\_companyaddress widget-align-left" itemscope  
itemtype="https://schema.org/LocalBusiness"> <div class="vcard companyaddress\_\_vcard">  
<meta itemprop="name" content="LocalGov Solutions" /> <meta itemprop="image"  
content="//files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-  
e33dd81b5bc3.png" /> <address class="address companyaddress\_\_address"  
itemprop="address" itemscope itemtype="https://schema.org/PostalAddress"> <p  
class="address-line address-line--one companyaddress\_\_address-line"  
itemprop="name">Click Button Above</p> </address> </div> </div>

<address class="address companyaddress\_\_address" itemprop="address" itemscope  
itemtype="https://schema.org/PostalAddress"> <p class="address-line address-line--one  
companyaddress\_\_address-line" itemprop="name">Click Button Above</p> </address>

<div class="companyaddress contact\_\_companyaddress widget-align-left" itemscope  
itemtype="https://schema.org/LocalBusiness"> <div class="vcard companyaddress\_\_vcard">  
<meta itemprop="name" content="LocalGov Solutions" /> <meta itemprop="image"  
content="//files.websitebuilder.prositehosting.co.uk/44/46/44465fce-7054-401c-9694-  
e33dd81b5bc3.png" /> <address class="address companyaddress\_\_address"  
itemprop="address" itemscope itemtype="https://schema.org/PostalAddress"> <p

class="address-line address-line--one companyaddress\_\_address-line" itemprop="name">Localgov Solutions Ltd</p> <p class="address-line address-line--two companyaddress\_\_address-line" itemprop="streetAddress">71-75 Shelton Street</p> <p class="address-line address-line--three companyaddress\_\_address-line" itemprop="addressRegion">London</p> <p class="address-line address-line--code companyaddress\_\_address-line" itemprop="postalCode">WC2H 9JQ</p> <p class="address-line address-line--country companyaddress\_\_address-line" itemprop="addressCountry">United Kingdom</p> </address> </div> </div>

<address class="address companyaddress\_\_address" itemprop="address" itemscope itemtype="https://schema.org/PostalAddress"> <p class="address-line address-line--one companyaddress\_\_address-line" itemprop="name">Localgov Solutions Ltd</p> <p class="address-line address-line--two companyaddress\_\_address-line" itemprop="streetAddress">71-75 Shelton Street</p> <p class="address-line address-line--three companyaddress\_\_address-line" itemprop="addressRegion">London</p> <p class="address-line address-line--code companyaddress\_\_address-line" itemprop="postalCode">WC2H 9JQ</p> <p class="address-line address-line--country companyaddress\_\_address-line" itemprop="addressCountry">United Kingdom</p> </address>

Ip & Dns Report

IPv4: 88.208.253.64

IPv6: Not Compatiable

Dns Report

| SL | Host                      | Class | TTL  | Type | PRI | Target | IP            |
|----|---------------------------|-------|------|------|-----|--------|---------------|
| 1  | www.localgovsolutions.com | IN    | 3600 | A    |     |        | 88.208.253.64 |

Ip Canonicalization Test

Short Recommendation

Site passed IP canonicalization test.

Url Canonicalization Test

Short Recommendation

Site failed URL canonicalization test.

Plain Text Email Test

Short Recommendation

Site failed plain text email test. 2 plain text email found.

| Plain Text Email List       |
|-----------------------------|
| kevin@localgovsolutions.com |
| kevin@localgovsolutions.com |

Curl Response

|                                          |
|------------------------------------------|
| url : https://www.localgovsolutions.com/ |
| content type : text/html; charset=UTF-8  |
| http code : 200                          |
| header size : 451                        |
| request size : 152                       |
| filetime : -1                            |
| ssl verify result : 0                    |
| redirect count : 0                       |
| total time : 0.211694                    |
| namelookup time : 0.041232               |
| connect time : 0.064981                  |
| pretransfer time : 0.113185              |
| size upload : 0                          |
| size download : 190035                   |
| speed download : 900639                  |
| speed upload : 0                         |
| download content length : 190035         |
| upload content length : 0                |
| starttransfer time : 0.162594            |
| redirect time : 0                        |
| redirect url :                           |
| primary ip : 88.208.253.64               |

|                                |
|--------------------------------|
| certinfo :                     |
| primary port : 443             |
| local ip : 138.199.146.84      |
| local port : 44254             |
| http version : 3               |
| protocol : 2                   |
| ssl verifyresult : 0           |
| scheme : HTTPS                 |
| appconnect time us : 112984    |
| connect time us : 64981        |
| namelookup time us : 41232     |
| pretransfer time us : 113185   |
| redirect time us : 0           |
| starttransfer time us : 162594 |
| total time us : 211694         |

Pagespeed Insights (Mobile)

Performance

15.16

|                                          |
|------------------------------------------|
| Emulated Form Factor <span>Mobile</span> |
| Locale <span>En-US</span>                |
| Category <span>Performance</span>        |

| Field Data                   |
|------------------------------|
| First Contentful Paint (FCP) |
| FCP Metric Category          |
| First Input Delay (FID)      |
| FID Metric Category          |
|                              |



| Origin Summary               |
|------------------------------|
| First Contentful Paint (FCP) |
| FCP Metric Category          |
| First Input Delay (FID)      |
| FID Metric Category          |
| Overall Category             |

| Lab Data                               |
|----------------------------------------|
| First Contentful Paint 3.9 s           |
| First Meaningful Paint                 |
| Speed Index 7.0 s                      |
| First CPU Idle                         |
| Time to Interactive 17.3 s             |
| Max Potential First Input Delay 900 ms |

## Resources Summary

Aggregates all network requests and groups them by type[Learn More](#)

## Eliminate Render-Blocking Resources

Potential savings of 2,010 ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. [Learn More](#)

## Efficiently Encode Images

Optimized images load faster and consume less cellular data. [Learn More](#)

## Enable Text Compression

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. [Learn More](#)

## Uses Efficient Cache Policy On Static Assets

0 resources found

A long cache lifetime can speed up repeat visits to your page. [Learn More](#)

## Reduce The Impact Of Third-Party Code

Third-party code blocked the main thread for 890 ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. [Learn More](#)

## Total Blocking Time

900 ms

Sum of all time periods between FCP and Time to Interactive, when task length exceeded 50ms, expressed in milliseconds.

## Javascript Execution Time

1.0 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. [Learn More](#)

## Defer Offscreen Images

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. [Learn More](#)

## Server Backend Latencies

190 ms

Server latencies can impact web performance. If the server latency of an origin is high, it's an indication the server is overloaded or has poor backend performance. [Learn More](#)

## Properly Size Images

Potential savings of 372 KiB

Serve images that are appropriately-sized to save cellular data and improve load time. [Learn More](#)

## Reduce Unused Css

Potential savings of 129 KiB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. [Learn More](#)

## Avoid Enormous Network Payloads

Total size was 2,880 KiB

Large network payloads cost users real money and are highly correlated with long load times. [Learn More](#)

## Minimizes Main-Thread Work

1.4 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. [Learn More](#)

## Avoid Chaining Critical Requests

8 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [Learn More](#)

## Avoids An Excessive Dom Size

271 elements

A large DOM will increase memory usage, cause longer [Learn More](#)

## Avoid Multiple Page Redirects

Redirects introduce additional delays before the page can be loaded. [Learn More](#)

## Minify Javascript

Minifying JavaScript files can reduce payload sizes and script parse time. [Learn More](#)

## User Timing Marks And Measures

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. [Learn More](#)

Network Round Trip Times

0 ms

Network round trip times (RTT) have a large impact on performance. If the RTT to an origin is high, it's an indication that servers closer to the user could improve performance. [Learn More](#)

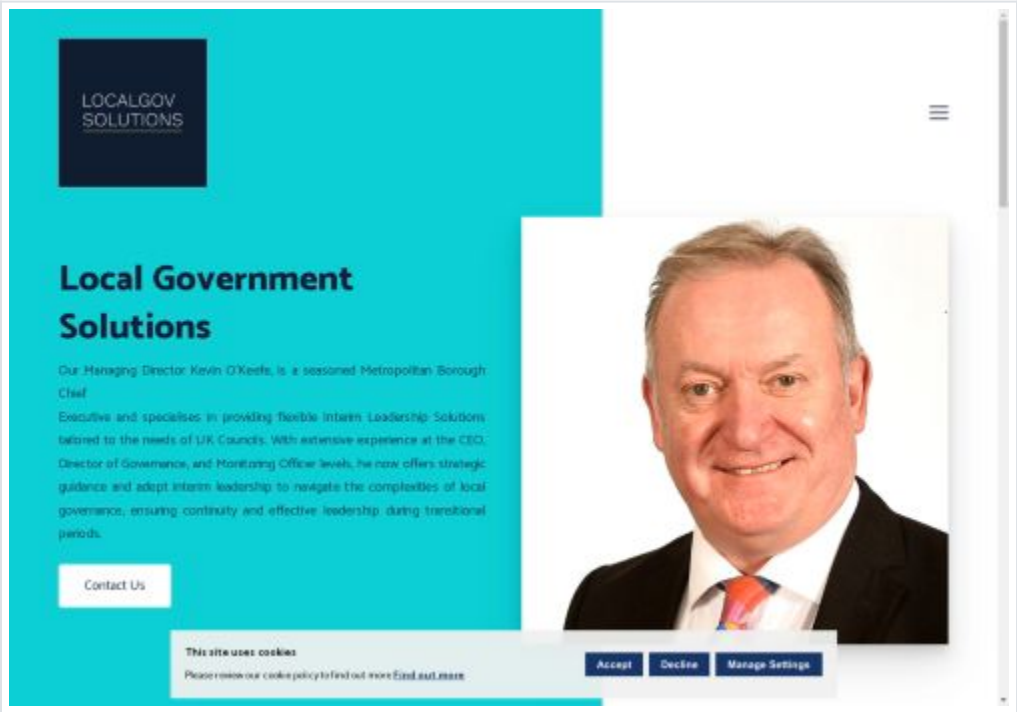
Pagespeed Insights (Desktop)

Performance



|                      |             |
|----------------------|-------------|
| Emulated Form Factor | Desktop     |
| Locale               | En-US       |
| Category             | Performance |

| Field Data                   |
|------------------------------|
| First Contentful Paint (FCP) |
| FCP Metric Category          |
| First Input Delay (FID)      |
| FID Metric Category          |
| Overall Category             |



Origin Summary

|                              |
|------------------------------|
| First Contentful Paint (FCP) |
| FCP Metric Category          |
| First Input Delay (FID)      |
| FID Metric Category          |
| Overall Category             |

Lab Data

|                                          |
|------------------------------------------|
| First Contentful Paint 1.2 s             |
| First Meaningful Paint                   |
| Speed Index 1.8 s                        |
| First CPU Idle                           |
| Time to Interactive 3.8 s                |
| Max Potential First Input Delay 1,030 ms |

Resources Summary

Aggregates all network requests and groups them by type[Learn More](#)



## Eliminate Render-Blocking Resources

Potential savings of 650 ms

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. [Learn More](#)

## Efficiently Encode Images

Optimized images load faster and consume less cellular data. [Learn More](#)

## Enable Text Compression

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. [Learn More](#)

## Uses Efficient Cache Policy On Static Assets

0 resources found

A long cache lifetime can speed up repeat visits to your page. [Learn More](#)

## Reduce The Impact Of Third-Party Code

Third-party code blocked the main thread for 1,010 ms

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. [Learn More](#)

## Total Blocking Time

980 ms

Sum of all time periods between FCP and Time to Interactive, when task length exceeded 50ms, expressed in milliseconds.

## Javascript Execution Time

1.1 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. [Learn More](#)

## Defer Offscreen Images

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. [Learn More](#)

## Server Backend Latencies

190 ms

Server latencies can impact web performance. If the server latency of an origin is high, it's an indication the server is overloaded or has poor backend performance. [Learn More](#)

## Properly Size Images

Potential savings of 457 KiB

Serve images that are appropriately-sized to save cellular data and improve load time. [Learn More](#)

## Reduce Unused Css

Potential savings of 130 KiB

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. [Learn More](#)

## Avoid Enormous Network Payloads

Total size was 2,880 KiB

Large network payloads cost users real money and are highly correlated with long load times. [Learn More](#)

## Minimizes Main-Thread Work

1.5 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. [Learn More](#)

## Avoid Chaining Critical Requests

8 chains found

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [Learn More](#)

## Avoids An Excessive Dom Size

271 elements

A large DOM will increase memory usage, cause longer [Learn More](#)

## Avoid Multiple Page Redirects

Redirects introduce additional delays before the page can be loaded. [Learn More](#)

## Minify Javascript

Minifying JavaScript files can reduce payload sizes and script parse time. [Learn More](#)

## User Timing Marks And Measures

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. [Learn More](#)

## Network Round Trip Times

10 ms

Network round trip times (RTT) have a large impact on performance. If the RTT to an origin is high, it's an indication that servers closer to the user could improve

performance. [Learn More](#)

